

**JOB TITLE:**

**PARENT - ADOLESCENT**

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**JOB PURPOSE:**

**PREPARES CHILD FOR RESPONSIBLE ADULTHOOD**

by

providing a safe, positive, soothing, caring and comforting environment; serving nutritious food in an amiable environment; helping with educational assignments and projects; teaching values; applying conduct guides; evaluating friendships and associations; disciplining fairly; planning for the future; loving unconditionally and always.

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**ESSENTIAL FUNCTIONS:**

**1. PROVIDES A SAFE HOME**

by

identifying life's threats; monitoring reading and viewing subject matter; protecting against hazards; training children in emergency evacuations, and how to call for police, fire, and emergency medical services; providing children with personal location and contact information, or alternative resources.

**2. CREATES A POSITIVE CHILD REARING CLIMATE**

by

loving unconditionally; preparing family activities; minimizing depressing thoughts; avoiding conflict; teaching lessons about honesty, empathy, jealousy, self-reliance, cooperation, self-control, competition, sharing, cheerfulness, and kindness; recognizing differences among family members; nurturing self-esteem; respecting privacy; maintaining open communications; making time to talk; finding things to laugh about.

**3. SOOTHES CHILDREN'S PROBLEMS**

by

watching for signs of psychological distress; providing comfort; listening to concerns; offering assistance; pointing out possible resolutions; teaching coping skills.

**4. TEACHES LIFE SKILLS**

by

discussing a moral code; modeling appropriate behaviors; passing on experiences; teaching financial responsibility; pointing out appropriate and inappropriate behaviors.

**5. MAINTAINS FAMILY HEALTH**

by

following nutritional and health guidelines; finding ways to reduce stress; encouraging physical activities; limiting passive activities; maintaining physical check-up and immunization schedules; adhering to prescribed medication routines and dosages.

**6. PROVIDES NUTRITIOUS MEALS**

by

planning healthy menus; preparing shopping lists; shopping for groceries; planning and assigning meal preparation responsibilities; monitoring food preparation; ensuring adherence to recipes; reviewing meal presentation; evaluating food appeal; noting improvement changes for future meal planning.

**7. MAINTAINS FAMILY DINNER TABLE AMBIANCE**

by

instructing family members about using utensils and napkin; demonstrating good manners including eating over the plate; resting hands in lap when not using utensils; accepting food and presentation; speaking when not chewing food; complimenting the person who prepared the meal; saying “please” and “thank you” when asking for and receiving food and beverages.

**8. SUPPLEMENTS CLASSROOM LEARNING**

by

helping children utilize library and/or learning center resources; guiding and controlling internet research; helping children to prepare for examinations, and to plan and complete special projects; fostering children’s personal exploration of areas of special interest; reviewing homework assignments.

**9. ENFORCES DISCIPLINE**

by

expressing desires as what should be done instead of what shouldn't; explaining requirements assertively instead of aggressively; establishing age-appropriate rules and consequences; addressing behaviors instead of personalities; applying conduct guides consistently; evaluating children's friends' conduct; conferring with other parents.

**10. PREPARES FOR THE FUTURE**

by

establishing objectives; promoting curiosity; exploring and evaluating options; developing plans; conferring with teachers and counselors; developing educational and financial plans; reviewing care options if unable to raise children to adulthood; creating legal documents and other protections.

**11. CONTRIBUTES TO CHILD DEVELOPMENT**

by

welcoming different and new personal dimensions; never giving up; loving unconditionally and always.

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